

Co-occurring Disorders Initiative (CODI): Winnipeg Region Website Resource List

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PART 1: Links to Resources on Co-occurring Mental Health and Substance Use Disorders

Name	Address	Contents
Addiction Technology Transfer Center Network (ATTC):	http://www.nattc.org/resPubs.html http://www.nattc.org/resPubs/cooccurring/attc.html	<ul style="list-style-type: none"> ▫ ATTC Publications List ▫ <i>Psychotherapeutic Medications 2006</i> ▫ <i>A Collaborative Response: Addressing the Needs of Consumers with Co-occurring Substance Use and Mental Health Disorders</i>
American Association of Community Psychiatrists	http://www.wpic.pitt.edu/aacp/ http://www.wpic.pitt.edu/aacp/finds/dualdx.html http://www.wpic.pitt.edu/aacp/finds/locus.html http://www.wpic.pitt.edu/aacp/finds/COG.DOC http://www.wpic.pitt.edu/aacp/finds/Housing.html	<ul style="list-style-type: none"> ▫ Online documents including: <ul style="list-style-type: none"> - <i>Principles For The Care And Treatment Of Persons With Co-occurring Psychiatric and Substance Disorders</i> - <i>LOCUS: Levels of Care</i> - <i>Continuum of Care Guidelines</i> - <i>Position Statement On Housing Options For Individuals With Serious And Persistent Mental Illness</i>
American Society of Addiction Medicine	http://www.asam.org/ppol/dual%20diagnosis.htm http://www.asam.org/ppc/ppc2.htm http://www.asamppc.com/ http://coce.samhsa.gov/cod_resources/PDF/ASAMPatientPlacementCriteriaOverview5-05.pdf	<ul style="list-style-type: none"> ▫ ASAM policy statement on dual diagnosis ▫ Description of ASAM Patient Placement Criteria for the Treatment of Substance Abuse Disorders, Second Edition, Revised.
Australian Drug Information Network	http://www.adin.com.au/content.asp?Document_ID=74	<ul style="list-style-type: none"> ▫ Key Australian and International Comorbidity Links

Australian National Co-morbidity Project	http://www.health.gov.au/pubhlth/strateg/comorbidity/index.htm http://www.health.gov.au/pubhlth/publicat/document/mono48.pdf http://www.health.gov.au/pubhlth/publicat/document/comorbid_gp.pdf	<ul style="list-style-type: none"> ▫ Downloadable resource documents including: <ul style="list-style-type: none"> - <i>Review of diagnostic screening instruments for alcohol and other drug use and other psychiatric disorders, 2002</i> - <i>Co morbidity of mental disorders and substance use in General Practice</i>
Behavioral Health Recovery Management	http://www.bhrm.org http://www.bhrm.org/guidelines/harvard.pdf http://www.bhrm.org/guidelines/squiresmoyers.pdf http://www.bhrm.org/guidelines/ddguidelines.htm	<ul style="list-style-type: none"> ▫ Online documents including clinical guidelines and access to info on Psychopharmacology Algorithm Project ▫ <i>Motivational Enhancement for Dually Diagnosed Consumers</i> ▫ <i>Service Planning and Psychopharmacology Guidelines for Co-occurring Disorders</i> (K. Minkoff)
Canadian Collaborative Mental Health Initiative	http://www.ccmhi.ca/en/products/toolkits/documents/EN_CompanionToolkitforSubstanceUse.pdf	<ul style="list-style-type: none"> ▫ Collaborative Care Toolkits including: <ul style="list-style-type: none"> <i>Establishing collaborative initiatives between mental health and primary care services for individuals with substance use disorders</i>
Canadian Senate	http://www.parl.gc.ca/common/Committee_SenRep.asp?Language=E&parl=39&Ses=1&comm_id=47	<ul style="list-style-type: none"> ▫ Reports of the Standing Committee on Social Affairs, Science and Technology: <i>Transforming Mental Health, Mental Illness and Addiction Services in Canada</i>
Centre for Addiction and Mental Health	http://www.camh.net/About_Addiction_Mental_Health/Concurrent_Disorders/index.html http://www.camh.net/About_Addiction_Mental_Health/Concurrent_Disorders/beyond_the_label.html http://www.camh.net/Publications/CAMH_Publications/youth_drugs_mentalhealth.html	<ul style="list-style-type: none"> ▫ <i>Concurrent Substance Use and Mental Health Disorders: An Information Guide</i> ▫ <i>Beyond the Label</i> An educational kit on stigma and co-occurring disorders ▫ <i>Youth and Drugs and Mental Health: A Resource for Professionals</i>
Center for Mental Health Policy and Research	http://www.uphs.upenn.edu/cmhpst/cmhs_reports.htm http://www.uphs.upenn.edu/cmhpst/PDF/Cooccurring_MH_DA_Panel_Report.pdf	<ul style="list-style-type: none"> ▫ Clinician competency criteria for working with SMI adults ▫ Standards of Care, Practice Guidelines & Competencies for Co-occurring Disorders
Center for Mental Health Services: Knowledge Exchange Network	http://www.mentalhealth.org/	<ul style="list-style-type: none"> ▫ Dual Diagnosis Topic Search engine

Co-occurring Collaborative of South Maine	http://www.ccsme.org/index.htm http://www.ccsmetraining.org/	<ul style="list-style-type: none"> ▫ Links and resources ▫ Online Course
Dartmouth Psychiatric Research Center	http://dms.dartmouth.edu/prc/dual/ http://dms.dartmouth.edu/prc/instruments/	<ul style="list-style-type: none"> ▫ Dual Diagnosis Publications List ▫ DALI Alcohol and Drug Screening Tool ▫ Substance Abuse Treatment Scale (SATS) ▫ Clinician-rated Alcohol and Drug Use Scales
DrugNet: Coexisting Disorders	http://drugnet.bizland.com/Specialty/coexist/coexisting.htm	<ul style="list-style-type: none"> ▫ Overview of Co-occurring Disorders (from Australia): Issues, resources, and links
Dual Diagnosis Recovery Network	http://www.dualdiagnosis.org	<ul style="list-style-type: none"> ▫ Online library; Links; Quarterly magazine
Dual Disorder Study, Coffs Harbour Project	http://users.tpg.com.au/users/bradles/	<ul style="list-style-type: none"> ▫ Violence prevention among dually disordered [
Dual Disorders Ring	http://www.toad.net/~arcturus/dd/ddhome.htm	<ul style="list-style-type: none"> ▫ Online Documents ▫ Colleague Email Exchange Forum
Dual Recovery Anonymous	http://draonline.org/	<ul style="list-style-type: none"> ▫ Dual Recovery Anonymous World Service information
Florida Dept. of Children and Families	http://www.dcf.state.fl.us/mentalhealth/publications/cocombined.pdf	<ul style="list-style-type: none"> ▫ Policy Paper on Co-occurring Disorder
Health Canada (Concurrent Disorders)	http://www.hc-sc.gc.ca/ahc-asc/pubs/drugs-drogues/index_e.html http://www.hc-sc.gc.ca/ahc-asc/pubs/drugs-drogues/bp_disorder-mp_concomitants/index_e.html http://www.hc-sc.gc.ca/ahc-asc/pubs/drugs-drogues/national_inventory-inventaire/index_e.html http://www.hc-sc.gc.ca/ahc-asc/pubs/drugs-drogues/mentale/index_e.html	<ul style="list-style-type: none"> ▫ <i>National Drug Strategy Publications Links</i> ▫ <i>Best Practices - Concurrent Mental Health and Substance Use Disorders</i> ▫ <i>National Program Inventory - Concurrent Mental Health and Substance Use Disorders</i> ▫ <i>Exploring the Links Between Substance Use and Mental Health: Discussion Paper, Annotated Bibliography and Detailed Analysis</i>
International Journal of Psychosocial Rehabilitation	http://www.psychosocial.com/addicts.html http://www.psychosocial.com/dualdx/tip9.html	<ul style="list-style-type: none"> ▫ Online Documents on Dual Diagnosis
Kathleen Sciacca's Dual Diagnosis Website	http://users.erols.com/ksciacca/	<ul style="list-style-type: none"> ▫ Online Documents and Links ▫ Chat Room

Kenneth Minkoff, MD	http://www.Kenminkoff.com http://www.athealth.com/practitioner/particles/interview_kennethminkoff.html http://www.Zialogic.org	<ul style="list-style-type: none"> ▫ Bio; Publications; Biblio; CCISC Model etc. ▫ Interview with Dr. Kenneth Minkoff on evidence-based, best clinical practices in the treatment of co-occurring disorders
NASMHPD/NASADAD	http://www.nasmhpd.org/publications.cfm#nasadad http://www.nasadad.org/index.php?doc_id=101 http://www.nasadad.org/index.php?doc_id=102	<ul style="list-style-type: none"> ▫ Publications including: <i>The Evolving Conceptual Framework for Co-Occurring Mental Health and Substance Use Disorders: Developing Strategies for Systems Change (2005)</i> ▫ <i>Blueprint for systems Change (1999)</i>
National Alliance on Mental Illness (NAMI)	http://www.nami.org/	<ul style="list-style-type: none"> ▫ Information Helpline resource documents on Dual Diagnosis
National Co-Morbidity Study	http://www.hcp.med.harvard.edu/ncs/index.php http://www.hcp.med.harvard.edu/ncs/k6_scales.php	<ul style="list-style-type: none"> ▫ NCS survey reports ▫ K10 and K6 screening scales
National Council for Community Behavioral Healthcare	http://www.nccbh.org/ http://www.nccbh.org/cooccurringreport.pdf	<ul style="list-style-type: none"> ▫ Online Documents and Links ▫ SAMHSA Report: <i>Strategies for Developing Treatment Programs for People with ... (03/03)</i>
National GAINS Center	http://www.gainsctr.com/b/disorders/Default.asp http://www.gainsctr.com/b/publications/default.asp	<ul style="list-style-type: none"> ▫ Documents and Links relate to Topic of COD in Justice System
National Institute on Alcohol Abuse and Alcoholism	http://pubs.niaaa.nih.gov/publications/arh26-2/toc26-2.htm	<ul style="list-style-type: none"> ▫ Alcohol and Comorbid Mental Health Disorders (full text), Alcohol Research and Health Vol., 26, No. 2, 2002
National Institute on Drug Abuse	http://www.nida.nih.gov/whatsnew/meetings/ccc/plenary1.html	<ul style="list-style-type: none"> ▫ <i>Complexities of co-occurring Conditions</i> conference proceedings and resources (2004)
New South Wales Health	http://www.health.nsw.gov.au/health-public-affairs/publications/mhsubuse/index.html http://www.community.nsw.gov.au/html/news_publications/dual_diagnosis.htm http://www.swsahs.nsw.gov.au/areaser/Midas/Downloads.asp	<ul style="list-style-type: none"> ▫ The Management of People with a co-existing Mental Health and Substance Use Disorder - Discussion Paper and Service Delivery Guidelines, 2000 ▫ Dual Diagnosis Support Kit Series ▫ Resources for Dual Diagnosis Workers: Pamphlet series <i>What's Drugs Got To Do With It</i>
Ohio Substance Abuse and Mental Illness Coordinating Center of Excellence (SAMI CCOE)	http://www.ohiosamiccoe.cwru.edu/ http://www.ohiosamiccoe.cwru.edu/disorders/disorders.html	<ul style="list-style-type: none"> ▫ Resource Library; Listserv; On-line Newsletter; Links

Ontario CMHA Policy Consultation Paper	http://www.ontario.cmha.ca/content/reading_room/policydocuments.asp?cID=1694	<ul style="list-style-type: none"> ▫ The Concurrent Disorders Task Force of the Public Policy Committee (February 1997)
PA-CO-OCCURRING .ORG	http://pa-co-occurring.org/index.php	<ul style="list-style-type: none"> ▫ Online articles, resources and links
PARC Co-morbidity Project for Primary Care Physicians (Australia)	http://som.flinders.edu.au/FUSA/PARC/comorbidhome.html http://som.flinders.edu.au/FUSA/PARC/comorbidityresource2.pdf	<ul style="list-style-type: none"> ▫ Co-morbidity Resource Centre for Primary Care Physicians ▫ Downloadable resource documents including: <i>Co morbidity of mental disorders and substance use: A brief guide for the primary care clinician</i>
RETHINK .org	http://www.rethink.org/dualdiagnosis/toolkit.html	<ul style="list-style-type: none"> ▫ <i>Dual Diagnosis Toolkit</i> (United Kingdom)
Royal College of Psychiatrists	http://www.rcpsych.ac.uk/cru/complete/ddip.htm http://www.rcpsych.ac.uk/cru/complete/ddipPracManual.pdf	<ul style="list-style-type: none"> ▫ <i>Dual Diagnosis Information Project including Literature Review and Practitioner Manual</i>
SANE UK/ Australia	http://www.sane.org.uk/public_html/About_Mental_Illness/Alcohol_Drugs.shtm http://www.sane.org/	<ul style="list-style-type: none"> ▫ <i>Alcohol, Drugs and Mental Illness</i>. Overview of impacts on alcohol and drug use on mental health and mental illness.
Scotland (Scottish Executive)	http://www.scotland.gov.uk/library5/health/mtgd-00.asp	<ul style="list-style-type: none"> ▫ <i>Minding the Gaps: Meeting the needs of people with co-occurring substance misuse and mental health problems, 2003</i>

<p>Screening and Assessment Tools (Alcohol and Drug)</p>	<p>http://p2001.health.org/MHS02/Transpa5.htm http://www.hpssat.org/curriculum/ http://www.projectcork.org/clinical_tools/ http://www.alcoholconcern.org.uk/servlets/doc/568 http://www.unicri.it/min.san.bollettino/dati/auditbro.pdf http://www.who.int/substance_abuse/activities/en/Draft_The_ASSIST_Guidelines.pdf http://www.schick-shadel.com/drugtesting.asp http://eib.emcdda.eu.int/index.cfm?fuseaction=public.Content&nNodeID=3618&sLanguageISO=EN http://www.nova.edu/gsc/forms/DAST10.doc http://www.familypractice.com/journal/abfpjournal_frame.htm http://eib.emcdda.eu.int/index.cfm?fuseaction=public.Content&nNodeID=3583&sLanguageISO=EN http://www.slp3d2.com/rwj_1027/wecast/docs/screentest.html http://www.evinceassessment.com/research.html http://www.niaaa.nih.gov/publications/tweak-text.htm http://www.asam.org/Addiction%20Medicine%20Essentials/INSERT%20jan-Feb%202001.pdf http://www.sounddatasource.org/downloads/asi_full.doc</p>	<ul style="list-style-type: none"> ▫ SAMHSA/CSAP Training Library ▫ Brown University HPSSAT Curriculum ▫ Project Cork tools CAGE; CRAFFT; DAST; MAST, AUDIT, TWEAK etc. ▫ AUDIT and variations ▫ AUDIT Manual ▫ ASSIST ▫ DAST ▫ DAST-20 ▫ DAST-10 ▫ Brown Two-Item Screen (Search articles – Brown, RL) ▫ Alcohol Dependence Scale (ADS) ▫ CRAFFT ▫ UNCOPE, TAAD, etc ▫ TWEAK alcohol screen ▫ Clinical Institute Withdrawal Assessment of Alcohol Scale, Revised (CIWA-Ar) ▫ Addiction Severity Index
<p>Screening and Assessment Tools (Dual Disorder)</p>	<p>http://www.evinceassessment.com/ http://www.ohiosamcoe.cwru.edu/library/media/clinicaltool_midass.pdf http://www.swsahs.nsw.gov.au/areaser/Midas/Cage.pdf</p>	<ul style="list-style-type: none"> ▫ Descriptions of PADDI, CAAPE, etc. ▫ Mentally Ill Drug & Alcohol Screening (MIDAS) ▫ Modified CAGE – Two versions: one for addictions services and one for mental health services
<p>Screening and Assessment Tools (Psychiatric/Mental Health)</p>	<p>http://www.health.gov.au/pubhlth/publicat/document/mono48.pdf http://www.pearsonassessments.com/ http://www.priory.com/psych/bprs.htm</p>	<ul style="list-style-type: none"> ▫ Review of Screening and Assessment tools ▫ Descriptions of the Brief Symptom Inventory, the SCL 90R, etc... ▫ Description of the Brief Psychiatric Rating Scale

	<p>http://www.psychpage.com/learning/library/assess/mse.htm http://www.minimental.com</p> <p>http://www.asapnys.org/resources.html</p> <p>http://www.oasas.state.ny.us/hps/research/documents/MMSTool.pdf http://www.oasas.state.ny.us/hps/research/documents/MINIScreenUsersGuide.pdf</p> <p>http://www.hcp.med.harvard.edu/ncs/k6_scales.php</p>	<ul style="list-style-type: none"> ▫ Mental Status Exam ▫ Mini-Mental Status Exam ▫ Mental Health Screening Form III ▫ Modified Mini Screen ▫ K10 and K6 scales
Seeking Safety	<p>http://www.Seekingsafety.org http://www.bhrm.org/guidelines/PTSD.pdf</p>	<ul style="list-style-type: none"> ▫ Psychotherapy for Trauma/PTSD and Substance Abuse ▫ Downloadable articles
Substance Abuse and Mental Health Services Administration (SAMHSA)	<p>http://www.samhsa.gov/ http://alt.samhsa.gov/communication/clearinghouses.html</p> <p>http://coce.samhsa.gov/ http://coce.samhsa.gov/cod_resources/index_right_2.aspx?obj=77 http://coce.samhsa.gov/cod_resources/PDF/OverarchingPrinciples(OP3).pdf</p> <p>http://www.samhsa.gov/reports/congress2002/</p> <p>http://www.oas.samhsa.gov/2k4/coOccurring/coOccurring.cfm</p> <p>http://www.nccbh.org/cooccurringreport.pdf</p> <p>http://www.ncbi.nlm.nih.gov/books/bv.fcgi?rid=hstat Scroll down to SAMHSA/CSAT Treatment Improvement Protocols and select. Alternately... pdf versions are available for some TIPs via http://store.health.org/catalog/pubseries.aspx Scroll down to Treatment Improvement Protocols and select.</p> <p>http://www.coce.samhsa.gov/cod_resources/PDF/CODQGClin.PDF http://www.coce.samhsa.gov/cod_resources/PDF/CODQGAdmin.PDF</p> <p>http://www.nrchmi.samhsa.gov/pdfs/publications/Blueprint.pdf</p>	<ul style="list-style-type: none"> ▫ National Clearinghouses ▫ Co-occurring Centre of Excellence (COCE) <ul style="list-style-type: none"> ▪ Technical Overview Paper Series including: <i>Overarching Principles to Address the needs of Persons with Co-occurring Disorders</i> ▫ Report to Congress on COD 2002 ▫ The NSDUH Report: <i>Adults with Co-Occurring Serious Mental Illness and a Substance Use Disorder</i> ▫ SAMHSA Report, <i>Strategies for Developing Treatment Programs for People with COD (03/03)</i> ▫ SAMHSA/CSAT Treatment Improvement Protocols including: <ul style="list-style-type: none"> ▪ <i>TIP 35: Enhancing Motivation for Change in Substance Abuse Treatment</i> ▪ <i>TIP 42: Substance Abuse Treatment for Persons With Co-Occurring Disorders</i> ▪ <i>TIP 42 Quick Guides for Clinicians and Administrators</i> ▫ <i>Blueprint for Change: Ending Chronic Homelessness for Persons with Serious Mental Illness and/or Co-Occurring Substance Use Disorders</i>

	http://www.mentalhealth.samhsa.gov/cmhs/communitysupport/toolkits/cooccurring/default.asp http://www.mentalhealthpractices.org/dd.html http://www.treatment.org/Taps/tap22/TAP22EntDoc.htm (Chap. III, Sec. B; Appendix C)	<ul style="list-style-type: none"> ▫ NMHIC Evidence-Based Practices – IDDT toolkits ▫ TAP 22: Appendix C <i>Definitions of Substance Abuse and Mental Health Services</i>
Suncoast Practice and Research Collaborative (SPARC), Florida Mental Health Institute	http://www.fmhi.usf.edu/mhlp/sparc/documents/manuals.htm	▫ <i>Co-occurring Disorders Treatment Manual and Workbook</i>
Tennessee Mental Health Services	http://www.state.tn.us/mental/mhs/3680TraingManual.pdf	▫ <i>Co-occurring Disorders Training Guide: Participant Manual</i>
Texas Department of Mental Health	http://www.dshs.state.tx.us/mhprograms/COPSD_Manual.pdf	▫ <i>Co-occurring Psychiatric and Substance Use Treatment Manual, 2003</i>
Treatment Improvement Exchange (TIE)	http://www.treatment.org http://www.treatment.org/Topics/dual.html	<ul style="list-style-type: none"> ▫ Online Documents and Links including a special collection of resources and documents on dual diagnosis... including: <i>A Strength-based Systems Approach to Creating Integrated Services for Individuals with Co-occurring Psychiatric and Substance Use Disorders. The New Mexico Department of Health</i> (Cline and Minkoff, 2002)
University of Adelaide	http://www.library.adelaide.edu.au/guide/med/menthealth/guidelines.html#dual	▫ Excellent links to best practice guideline documents form around the world in mental health disorders, substance abuse and dual disorders.
Washington State	http://www1.dshs.wa.gov/pdf/hrsa/mh/cobestpract.pdf	▫ COD Best Practices Report 2003
W.E.L.L. Project of the Institute for Health and Recovery	http://www.healthrecovery.org/proj/well/well.html	▫ Service integration project for women with co-occurring disorders who, along with their children, have experienced violence
Women, Co-occurring Disorders and Violence Study	http://www.prainc.com/wcdvs/ http://www.prainc.com/wcdvs/publications/default.asp	<ul style="list-style-type: none"> ▫ Women, Co-occurring Disorders and Violence Study. Fact Sheets and Reports, including: <ul style="list-style-type: none"> - <i>Developing Integrated Services for Women with Co-Occurring Disorders and Trauma Histories</i> - <i>Creating Trauma Services for Women with Co-Occurring Disorders</i>

PART 2: Additional Resources Links Related to

- ✓ Mental Health Disorders and Mental Health Treatment/Rehabilitation and Recovery
- ✓ Substances of Abuse and Substance Use Disorder Treatment/Rehabilitation

American Technology Transfer Centre (ATTC) Network	http://www.nattc.org/resPubs.html http://www.nfattc.org/ http://www.nfattc.org/addictionmessenger.htm	<ul style="list-style-type: none"> ▫ ATTC National office publications page ▫ ATTC Northwest Frontier homepage ▫ Addiction Messenger newsletter
American Psychiatric Association	http://www.psych.org/psych_pract/treatg/pg/prac_guide.cfm	<ul style="list-style-type: none"> ▫ Treatment Practice Guidelines and Quick Reference Guides for Psychiatric and Substance Use Disorders
Auseinet: Australian Network for the Promotion, Prevention and Early Intervention for Mental Health	http://www.auseinet.com/toolkit/canrecper.php	<ul style="list-style-type: none"> ▫ Recovery Online Toolkit – Consumer Literature
BC Partners for Mental Health and Addictions Information	http://www.heretohelp.bc.ca/publications/index.shtml	<ul style="list-style-type: none"> ▫ Downloadable resource documents and newsletters including: <i>Mental Disorders Toolkit</i>; <i>Addictions Toolkit</i>; etc.
Boston University, Center for Psychiatric Rehabilitation	http://www.bu.edu/cpr/ http://www.bu.edu/cpr/catalog/articles/index.html http://www.bu.edu/cpr/webcast/recoveryvision.html#download	<ul style="list-style-type: none"> ▫ Online articles on MH recovery and rehabilitation and webcast downloads
Canadian Mental Health Association	http://www.ontario.cmha.ca/ http://www.cmhamanitoba.ca/go.aspx http://www.winnipeg.cmha.ca/bins/site2.asp?cid=284-770	<ul style="list-style-type: none"> ▫ Online documents: Position papers; bibliography of recovery resources; etc. ▫ CMHA Manitoba and Winnipeg Region
Canadian Women’s Health Network	http://www.cwhn.ca/resources/cwhn/mentalHealth.html	<ul style="list-style-type: none"> ▫ <i>Women, Mental Health, Mental Illness and Addiction in Canada</i> ▫ Links to several related documents
Center for Health Care Evaluation	http://www.chce.research.med.va.gov/chce/pdfs/RosenMIlecture.pdf	<ul style="list-style-type: none"> ▫ <i>Readiness for Change and Motivational Interviewing</i> lecture slides
Center on Alcoholism, Substance Abuse and Addictions (CASAA)	http://casaa.unm.edu/index.html http://casaa.unm.edu/inst.html	<ul style="list-style-type: none"> ▫ Downloadable documents including screening and assessment instruments
Community Connections	http://www.communityconnectionsdc.org/trauma_services.htm	<ul style="list-style-type: none"> ▫ Trauma Recovery and Empowerment Model (TREM); Trauma-Informed Addictions Treatment

Connecticut Mental Health and Addiction Services	http://www.dmhas.state.ct.us/initiatives.htm http://www.dmhas.state.ct.us/trauma.htm http://www.dmhas.state.ct.us/trauma/positionpaper.pdf	<ul style="list-style-type: none"> ▫ MH Recovery and Trauma Initiatives
Dr. Bob's Psychopharmacology Tips	http://www.dr-bob.org/tips/	<ul style="list-style-type: none"> ▫ Searchable information database on psychopharmacological medications
DSM Online Quick Reference Guides	http://www.behavenet.com/capsules/disorders/dsm4TRclassification.htm http://www.psychologynet.org/dsm.html	<ul style="list-style-type: none"> ▫ APA Psychiatric Disorders Diagnostic Classification and Criteria
Dulwich Centre: Deconstructing Addiction	http://www.dulwichcentre.com.au/ find <i>Deconstructing Addiction</i> under Articles or Current Projects	<ul style="list-style-type: none"> ▫ <i>Deconstructing Addiction</i> Narrative and social constructionist perspectives on work with addiction
e-Medicine Clinical Knowledge Database	http://www.emedicine.com/med/PSYCHIATRY.htm	<ul style="list-style-type: none"> ▫ On-line Medical Reference Directory with articles on most diagnostic categories
Glossary of Psychiatric Terminology	http://www.abess.com/glossary.html	<ul style="list-style-type: none"> ▫ Glossary of terms in the field of Psychiatry and Neurology
Health Canada (Mental Health)	http://www.phac-aspc.gc.ca/mh-sm/index.html http://www.phac-aspc.gc.ca/mh-sm/problems_e.html http://www.phac-aspc.gc.ca/mh-sm/services_e.html	<ul style="list-style-type: none"> ▫ Mental Health Problems and Disorders ▫ Best Practices in Mental Health Reform Discussion Papers
Health Canada (Substance Use)	http://www.hc-sc.gc.ca/ahc-asc/pubs/drugs-drogués/index_e.html http://www.hc-sc.gc.ca/ahc-asc/alt_formats/hecs-sesc/pdf/pubs/drugs-drogués/straight_facts-faits_mefaits/facts-faits_e.pdf	<ul style="list-style-type: none"> ▫ Canada's Drug Strategy Publications including <i>Best Practices – Substance Abuse Treatment and Rehabilitation</i> ▫ <i>Straight Facts about Drugs and Drug Abuse</i>
Institute for the Study of Therapeutic Change	http://www.talkingcure.com/	<ul style="list-style-type: none"> ▫ <i>What Works in Therapy</i>: on client directed co-therapy
Internet Mental Health	http://www.mentalhealth.com/	<ul style="list-style-type: none"> ▫ Disorders, Medications, quick ref glossary
Mary Ellen Copeland on Mental Health Recovery	http://www.mentalhealthrecovery.com/	<ul style="list-style-type: none"> ▫ Links and articles on wellness recovery
Mental Health Council of Australia	http://www.mhca.org.au/AboutMentalHealth/MHAlcoholResources.html	<ul style="list-style-type: none"> ▫ Consumer resources on alcohol, anxiety and depression
Mood Disorders Society of Canada	http://www.mooddisorderscanada.ca/QuickFacts/index.htm	<ul style="list-style-type: none"> ▫ Quick Facts on Mental Illness and Addiction in Canada

Motivational Interviewing	http://www.motivationalinterview.org http://motivationalinterview.org/clinical/METDrugAbuse.PDF http://www.health.org/govpubs/BKD342/ http://www.bhrm.org/guidelines/squiresmoyers.pdf http://casaa.unm.edu/inst.html	<ul style="list-style-type: none"> ▫ Online articles, abstracts, manuals, links ▫ MET with Drug Abusers ▫ <i>TIP 35 Enhancing Motivation for Change in Substance Abuse Treatment</i> ▫ ME for Dually Diagnosed Consumers ▫ Motivational Assessment Tools
NAMI Santa Cruz County	http://www.namiscc.org/MentalHealthRecovery.htm	<ul style="list-style-type: none"> ▫ MH recovery online resources
National Alliance for the Mentally Ill (NAMI)	http://www.nami.org/	<ul style="list-style-type: none"> ▫ Information on mental illness
National Clearinghouse on Alcohol and Drug Information (NCADI)	http://www.health.org http://store.health.org/catalog/pubseries.aspx	<ul style="list-style-type: none"> ▫ Online Documents and Links including Treatment Improvement Protocols, Technical Assistance Publications and Quick Guides
National Empowerment Center	http://www.power2u.org/	<ul style="list-style-type: none"> ▫ Online articles on recovery and self-help
National Institute on Alcohol Abuse and Alcoholism (NIAAA)	http://www.niaaa.nih.gov/ http://pubs.niaaa.nih.gov/publications/Practitioner/CliniciansGuide2005/guide.pdf	<ul style="list-style-type: none"> ▫ Alcohol Information ▫ <i>Practitioners Guide to Helping Patients Who Drink too Much</i>
National Institute on Drug Abuse (NIDA)	http://www.drugabuse.gov/NIDAHome.html http://www.nida.nih.gov/PODAT/PODATIndex.html http://www.nida.nih.gov/pdf/monographs/monograph172/download172.html	<ul style="list-style-type: none"> ▫ Drug Information, etc. ▫ Principles of Drug Addiction Treatment: A Research Based Guide ▫ <i>Treatment of Drug-Dependent Individuals With Comorbid Mental Disorders. Research Monograph 172, 1997</i>
National Institute of Mental Health	http://www.nimh.nih.gov/	<ul style="list-style-type: none"> ▫ Practitioners information pages... etc.
National Mental Health Information Centre	http://www.mentalhealth.samhsa.gov/cmhs/communitysupport/toolkits/default.asp	<ul style="list-style-type: none"> ▫ <i>Evidence-Based Practices: Shaping Mental Health Services Toward Recovery</i>

NASMHPD & National Technical Assistance Center	http://www.nasmhpd.org/ http://www.nasmhpd.org/publications.cfm#techreports http://www.nasmhpd.org/spec_e-report_fall04intro.cfm	<ul style="list-style-type: none"> ▫ Technical Assistance Reports including: <ul style="list-style-type: none"> - <i>Mental Health Recovery: What Helps and What Hinders?</i> - <i>Developing Trauma Informed Behavioral Health Systems</i> - <i>Implementing Recovery-based Care: Tangible Guidance for SMHA's</i>
On-line Medical Dictionary	http://cancerweb.ncl.ac.uk/omd/	<ul style="list-style-type: none"> ▫ Searchable dictionary of medical terms
Ottawa University and the Ottawa Inner City Health Project	http://www.med.uottawa.ca/homeless/main_e.html	<ul style="list-style-type: none"> ▫ Homelessness project curriculum. Includes case studies that involve co-occurring mental health and substance use disorders.
President's New Freedom Commission on Mental Health	http://www.mentalhealthcommission.gov/	<ul style="list-style-type: none"> ▫ Sub-committee reports on recovery-oriented care)
Project Cork	http://www.projectcork.org/index.html	<ul style="list-style-type: none"> ▫ Authoritative information on substance abuse includes online resources and database
Statistics Canada.	http://www.statcan.ca/english/freepub/82-617-XIE/index.htm	<ul style="list-style-type: none"> ▫ Mental Health and Well-being Survey Report highlights (Mental Health and Substance Dependence), Sept. 2003
Stages of Change / Transtheoretical Model	http://www.uri.edu/research/cprc/transtheoretical.htm http://www2.msstate.edu/~bhunt/Stages_of_Change_Theory/transtheoretical.html http://www.uri.edu/research/cprc/measures.htm	<ul style="list-style-type: none"> ▫ Model overviews and measures
Technical Assistance Collaborative	http://www.tacinc.org/CMS/viewPage.cfm?pageId=114	<ul style="list-style-type: none"> ▫ <i>Turning Knowledge into Practice : A Manual for Behavioral Health Administrators and Practitioners About Understanding and Implementing Evidence-Based Practices</i> (2003)
World Health Organization	http://whqlibdoc.who.int/hq/1998/WHO_MSA_MNHEAC_98.1.pdf	<ul style="list-style-type: none"> ▫ <i>Mental Disorders in Primary Care. (1998)</i>

PART 3: Local/Regional Website Resources

Winnipeg Region Co-occurring Disorders Initiative Website

The Addictions Foundation of Manitoba is now hosting an expanded CODI site within its larger website. Go to <http://www.afm.mb.ca/codi.html> .

Encompass: A Community Service Information Database

Find mental health, addiction, health service program near you (Winnipeg Region only)

Go to <http://www.wrha.mb.ca>, look under Finding Care, then open Encompass to search the community information database. Alternately, use direct access address at <http://www.wrha.mb.ca/encompass/>

Contact Community Information Database

This site is linked with Encompass and provides access to provincial service listings
<http://cms00asa1.city.winnipeg.mb.ca/crc/crc?cl=1&fn=4>

Mental Health Resource Library and Regional Service Guides

The Mental Health Education Resource Centre (MHERC) on-line library at <http://www.mherc.mb.ca/library.html> and “Getting Help” resource guides at <http://www.mherc.mb.ca/printables.html>

Mental Health Resource Guide for Winnipeg

The Canadian Mental Health Association, Winnipeg Region office has posted their Mental Health Resource Guide (10th Edition) on its website... Go to http://www.winnipeg.cmha.ca/data/1/rec_docs/867_Mental-Health-Guide-10th%20Edition%202006.pdf

The page cannot be found?

Tip for relocating content if the link is not successful: Occasionally webmasters will realign internal addressing on their webpages, delete or revise content. If your attempt to open the desired web page results in a “page cannot be found” message, try highlighting the address in the address toolbar, click again to enter edit mode, and then remove all address elements except the root home page portion. Click “enter” (which will hopefully take you to the root home page), then attempt to navigate back to the specialized content your are seeking by using navigation tools available through the home page.